



AUGUST 2017

MON TUE WED THUR FRI

Good Eats at:
**HENDERSON
ISD**

+200
+100
+50

Special Announcements

The fruit of the month is watermelon.

The watermelon being served in the cafeteria is grown locally at Greg Green Farms located in Henderson, Texas.

FUN FACTS:
Early explorers used watermelon as a canteen to hold water.

Watermelon can help decrease inflammation in asthma patients.

Every single part of the watermelon is edible including the seeds and the rind.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

7	8	9	10	11
			CHEESEBURGER WAFFLE FRIES BURGER SALAD BAKED BEANS RAISELS MILK	OVEN FRIED CHICKEN OR CHICKEN FRIED STEAK GREEN BEANS STEAMED CORN ORANGE SLICES GARLIC TOAST MILK
14	15	16	17	18
CHICKEN STICKS MASHED POTATOES CHEESY BROCCOLI WATERMELON CUPS HOMEMADE ROLL MILK	BEEF OR CHICKEN CRUNCHY TACO REFRIED BEANS LETTUCE/ TOMATO BABY CARROTS W/ DIP ROSY APPLESAUCE MILK	CHEESEBURGER OR CORNDOG TATER TOTS BURGER SALAD BAKED BEANS RAISELS MILK	PEPPERONI PIZZA OR CHEESE STICKS MARINARA SAUCE COOKED CARROTS GREEN BEANS TEXAS WATERMELON MILK	STEAK FINGERS OR FISH STICKS BLACK EYED PEAS STEAMED CORN FRESH APPLE COOKIE MILK
21	22	23	24	25
BBQ SANDWICH OR BREADED CHICKEN SANDWICH WAFFLE FRIES BURGER SALAD BABY CARROTS W/ DIP RAISELS MILK	BEEF OR CHICKEN CHEESY NACHOS PINTO BEANS HOMEMADE SALSA ORANGE SLICES SPANISH RICE MILK	CHICKEN NUGGETS MASHED POTATOES GREEN BEANS TEXAS WATERMELON HOMEMADE ROLL MILK	CHEESEBURGER TATER TOTS BURGER SALAD BAKED BEANS RIPS MILK	
28	29	30	31	



Fun facts
on back!